



Academy of Kempo Martial Arts

SUMMER KEMPO CAMP 2013



WHAT TO BRING TO CAMP

What to Bring:

Martial Arts Safety Gear is needed **EVERY DAY**.

Martial Arts Sneakers are to be worn **EVERY DAY**.

Groin Protection is to be worn **EVERY DAY**.

Please bring a pair of **Outdoor Shoes** **EVERY DAY**.

Snack & Drink are needed **EVERY DAY**. Snacks will **NOT** be micro waved. Please **DO NOT** bring any food with NUTS as we do have campers with nut allergies. As always, encourage your children not to share food or drink...

Bathing suit & towel **FRIDAY, AUGUST 24, 2013**

Water sandals, crocks or sandals with a back **FRIDAY, AUGUST 24, 2013**.

Although we try our best to make sure all campers leave with everything they came to camp with, we are not responsible for any lost items. Please help us in our quest to have zero lost and found items by labeling **all** your child's belongings.

What to Wear:

Campers can wear their Gi to camp or any loose fitting clothes. Campers must wear their **groin protection** and **Martial Arts Sneakers**.

Please **DO NOT** send your child to camp with any jewelry on. It can be a hazard in the Dojo and Academy of Kempo Martial Arts is not responsible for lost jewelry. Stud earrings with safety backs are the only acceptable jewelry only if it is a fresh piercing, once healed there is no jewelry allowed.

Sunscreen:

Your child may be outside during the course of the day, usually for less than one hour. If you want sunscreen on your child, please apply it before camp. **If it needs to be reapplied during camp please let us know. All sunscreen must be labeled with your child's name and the sunscreen must be the spray on type.**

Drop off:

Please do not drop your child off before 8:45 AM.

Pick up:

Please be prompt when picking up your child. **Please check out at the front desk before taking your child.** Although we will not leave your child alone, please be considerate unless prior arrangements have been made. We will not release your child to anyone unless they can show proper identification and have prior permission from a legal guardian. There will be a \$10 late pickup fee if you are later than 15 minutes picking up your child. A \$25.00 late pickup fee if you are later than 30 minutes.

Sickness:

Children do get sick, so please make sure we have a work, home & cell number where you can be reached. If your child has any health restrictions, ailments or handicaps that we should be made aware of, please issue them in writing.