

HALLOWEEN SAFETY

TRICK - OR - TREATERS' SAFETY TIPS

- ☹ *Have a costume that can be seen in the dark. If your costume cannot be seen in the dark use some reflective tape or a flashlight.*
- ☹ *If you find that it is hard to see or move in your costume, let your parents or adult supervision know so that they can make the proper adjustments.*
- ☹ *Stay with your parents or adult supervision do not run ahead.*
- ☹ *If you are old enough to go trick-or-treating without adult supervision, stay in groups and make sure, your parents know your route and have a way of getting a hold of you.*
- ☹ *Trick-or-treat in a neighborhood that is known to you and only go to the houses that have a light on.*
- ☹ *Walk on the sidewalks; do not cut through yards or driveways.*
- ☹ *Do not eat your treats unless your parents have inspected them.*
- ☹ *Do not enter any strangers' homes.*
- ☹ *Stay away from any animals.*

PARENTS' SAFETY TIPS

- ☹ *Go over the safety rules with your children before going out trick-or-treating. The sooner you begin going over the safety rules, the better the children will do in following them.*
- ☹ *Make sure your children have dinner before going out. They will be less tempted to eat the treats if they are well fed.*
- ☹ *A trusted adult should supervise all young children. The children will follow the example of their supervision, not the rules.*
- ☹ *When picking out a costume for your child make sure that:*
 - ☹ *It is flame-retardant.*
 - ☹ *Your child can move freely with it on.*
 - ☹ *That it does not obstruct their vision.*
 - ☹ *It can be seen in the dark.*
 - ☹ *Any props such as knife, swords, etc. should be flexible to avoid injuries.*
- ☹ *An adult should inspect all treats. If anything looks questionable, throw it away.*
- ☹ *If your children are older and go out on their own:*
 - ☹ *You should know where they are going.*
 - ☹ *Have a method of contacting them.*
 - ☹ *Your children should have a method of contacting you.*
 - ☹ *You should have a specified time that they should arrive home.*

HOMOWNERS' SAFETY TIPS

- ☺ Make sure that your yard is clear of obstructions and you have a clear path for the children.
- ☺ Have your pets in a place that they do not get frightened and that your pet does not frighten the children.
- ☺ Make sure that any Halloween props you have are set up in a safe manner:
 - ☺ If you are using anything electrical, make sure that the wires are properly covered so no one will trip on them.
 - ☺ If you are using candles make sure that they are setup in a place that the children's costumes or any other props will not catch on fire and no one will get burned.
- ☺ Choose treats that are completely sealed to give to the children. If you are looking for a healthier choice of treats, you can find single serving size treats that are completely sealed such as popcorn, cereal, crackers, etc. You also have the option of giving non-food treats, such as stickers, pencils, party goods, etc.

TRICK - OR - TREATERS' MANNERS

- ☺ Use respect by saying thank you to the homeowner giving out treats.
- ☺ Use respect, self-control and self-discipline when a homeowner holds out a basket of candy; only take the amount of candy that you are told to take. If the homeowner does not say how much to take, only take one.
- ☺ Use self-discipline by following the safety rules without having to be reminded.
- ☺ Use respect for the homeowner by walking on the sidewalk.
- ☺ Use self-control by not eating your treats when an adult has not inspected your treats.
- ☺ Use respect, self-control and self-discipline by staying away from the homeowners' Halloween decorations.

Compliments of

**Academy of Kempo
Martial Arts**

"It's all about Quality"

WWW.ACADEMYOFKEMPO.COM

© AKMA

